



Table of Contents

24 Hour Crisis Services3-	6
Crisis Services6-	8
General Community Resources8-1	0
Health Services10-1	2
Mental Health Services13-1	6
Counseling, Support Groups, Residential Programs, & Intensiv Outpatient Programs	ve
Shelters16-1	7
Housing, Utilities, & Transportation17-1	8
Food & Clothing18-2	2
Education22-2	4
Schools, Educational Resources, & Tutoring Services	
Pre-School, Day Care & Respite Services24-2	27
Community Centers & Programs27-2	9
Parenting3	0
Employment & Unemployment Services30-3	1
Legal Assistance 3	32
Government Services32-3	5

City Services & County Offices Contact Information

24 Hour Crisis Resources

2-1-1

Phone: Dial 2-1-1 **Text:** Text your zip code to 898211 2-1-1 is a helpline that connects you with local support & resources for health, human & social service programs.

9-8-8

Phone: Dial 9-8-8

Text: Text 9-8-8 9-8-8 is a national suicide & crisis hotline that provides free, confidential 24/7 support.

Crisis Text Line

Text: Text "HOME" to 741741

Chat Online: crisistextline.org

Crisis Text Line is a 24/7 text line that connects you with a volunteer counselor for any crisis.

Iowa Concern Hotline

Phone: 1-800-447-1985

Iowa Concern Hotline provides 24/7 trained staff to assist you with crisis or disaster, legal issues, stress, and finance.

Your Life Iowa

Phone: 855-581-8111 **Text:** 855-895-8398

Chat Online: yourlifeiowa.org

Your Life Iowa is a 24/7 resource that provides free, confidential support to individuals struggling with alcohol/drug use, gambling, suicidal thoughts or mental health struggles.

Children & Families of Iowa Domestic Violence Services

Phone: 515-243-6147

CFI provides 24/7 crisis services connecting you with resources to help guide you to safety.

National Domestic Violence Hotline Phone: 1-800-799-7233 Text: Text "START" to 88788 Chat Online: thehotline.org The National Domestic Violence Hotline is available

The National Domestic Violence Hotline is available 24/7 to provide the essential tools & support you need.

Crisis Intervention & Advocacy Center 24/7 Domestic Violence Line: 1-800-400-4884 24/7 Sexual Abuse Line: 1-800-550-0004

Iowa Coalition Against Sexual Assault Phone: 1-800-770-1650 Text: Text "IOWA HELP" to 20121 Iowa CASA provides 24-hour support & connects you to victim service programs.

Ellipsis Help Line

Phone: 515-243-3459

Ellipsis helps kids & their families gain access to food, education, shelter & other care coordination services.

YSS Crisis Helpline

Phone: 515-233-2333 or 1-800-600-2330

YSS is a youth development center that connects youth with residential addiction treatment, mentors, & counseling.

American Red Cross Disaster Hotline Phone: 515-243-4054

American Red Cross provides disaster/emergency shelter & recovery resources. This phone line is available 24/7.

Warren County Mobile Crisis Response Phone: 1-844-258-8858

Mobile crisis response provides a 24/7 team of professionals that can provide on-site, in-person services for individuals experiencing a mental health crisis.

24 Hour AA Online Meetings Available 24/7: aa-intergroup.org **24/7 Phone Line:** 1-800-207-2172 *Find an AA meeting at any time of day.*

Polk County Crisis & Advocacy Center 24/7 Phone: 515-286-3535 **Address:** 2309 Euclid Ave., Des Moines *24/7 sexual assault hotline.*

VINE Link - Iowa 24/7 Phone: 1-888-742-8463

This phone line is available 24/7 for callers who need help locating an offender, registering for notifications or **accessing victims'** *services in their area.*

Broadlawns Crisis Observation Center (COC)

Phone: 515-282-5742

Address: 1801 Hickman Road, DSM

The COC provides a safe and calm environment for those **18 years** or older. The COC is open to the community for those who are experiencing psychological stress which does not require hospitalization.

If you or a loved one is experiencing a mental health crisis & is not able to remain safe at home, inpatient treatment is available.

Broadlawns Medical Center Phone: 515-282-5730 or 515-282-8730 Address: 1801 Hickman Road, DSM Broadlawns provides inpatient mental health services for adults. Visit the emergency room for evaluation & further services.

Iowa Lutheran Hospital

Phone: 515-263-8730 **Address:** 700 E University, DSM *Iowa Lutheran Hospital provides inpatient behavioral/mental health services for children, adolescents, adults, & older adults. Visit the emergency department for evaluation.* Clive Behavioral Health Phone: 1-844-680-0504 Address: 1450 NW 114th St, Clive Clive Behavioral Health provides inpatient mental health services to children, adolescents, & adults. Evaluations are available 24/7.

MercyOne Downtown Address: 1111 6th Ave, DSM MercyOne provides inpatient mental health services. Visit the emergency department for evaluation.

<u>If you or a loved one needs access to services</u> immediately, please dial 9-1-1.

Crisis Services

Children & Families of Iowa General Info/Office Phone: 515-288-1981 Address: 1111 University Ave., Des Moines Children & Families of Iowa provides a variety of services including: family therapy/behavioral health services, child care, tutoring, career planning assistance & domestic violence services.

Iowa Coalition Against Domestic Violence Phone: 515-244-8028 Address: 4725 Merle Hay Rd. Ste. 107, DSM Connects domestic violence survivors to support groups, programs, & other services.

Iowa Coalition Against Sexual Assault Phone: 515-244-7424 **Address:** 3030 Merle Hay Rd., Des Moines *Support & referral service for sexual assault survivors.*

YSS (Youth Standing Strong) Phone: 515-883-2379

Address: 612 Locust St., Des Moines

YSS provides several resources & services to youth in Iowa including: addiction treatment, after school/summer programs, counseling services, crisis stabilization, emergency shelter, foster care advocacy/aftercare, homeless youth shelter, mentoring, postsecondary education retention, mental health & wellness education, & supportive housing.

UnityPoint Behavioral Health Urgent Care Phone: 515-263-2632

Address: 1250 E. 9th St., DSM

Hours: Monday-Friday 8am-4:30am

Behavioral health urgent care provides mental health assessments, medication changes, crisis/community resources when you are not able to get into your normal provider.

Broadlawns Behavioral Health Urgent Care

Phone: 515-282-5742

Address: 1801 Hickman Rd., DSM

(Center Building, 1st Floor).

Hours: Monday-Friday 9am-5pm.

Behavioral health urgent care provides mental health assessments, medication changes, counseling, & crisis/community resources when you are not able to get into your regular provider.

Polk County Crisis & Advocacy Services

Address: 2309 Euclid Ave., Des Moines Phone: 515-286-3600

Ellipsis Phone: 515-282-9377 Address: 918 SE 11th St., Des Moines Ellipsis provides transitional support, residential care, crisis care & numerous other programs.

American Red Cross General Info Phone: 515-243-7681 Address: 2116 Grand Ave., DSM

American Red Cross helps individuals find emergency shelter, reconnect families after disaster, & post emergency recovery.

Community Partnerships for Protecting Children Address: 200 S Howard St., Indianola

Website: cppconline1.com

CPPC strives to keep children safe from abuse/neglect & support families during times in need.

<u>General Community Resources</u> Warren County Department of Human Services Phone: 515-960-9310

Address: 1005 S Jefferson Way, Indianola The department of health & human services is available to connect

The department of health & human services is available to connect you with a wide variety of resources & programs.

Warren County General Assistance Phone: 515-690-9204

Address: 301 N Buxton St., Indianola

Provides a wide variety of resources & assistance to those who may not qualify for other assistance programs. **Appointments are** required.

Warren County Iowa State Extension & Outreach Phone: 515-961-6237

Address: 200 W 2nd Ave., Indianola This program provides workshops, clubs, & educational programs for children & adults.

Salvation Army Mobile Unit

Address: 106 East Second Ave., Indianola (WeLift Job Center)

Hours: 2nd Monday of every month 9:30am-11am & 12pm-3pm, 4th Monday of every month 9:30am-12pm. *The mobile social service center will provide services related to financial assistance, food hygiene, home goods & more.*

Central Iowa Community Services

Phone: 515-513-6870 **Address:** 1007 S. Jefferson Way, Indianola *CICS provides a wide range of services to help you through your unique situation.*

Indianola School District Resource Page:

indianola.k12.ia.us/district/wellness/family-community-sebh/

Norwalk School District Resource Page:

norwalkschools.org/parents-and-students/communityresources/

Catholic Charities

Phone: 515-224-3761

Provides a wide variety of services including: adoption search services, counseling, domestic violence & sexual assault resources, food pantry, refugee services, & emergency shelter.

EveryStep Phone: 515-558-9946

Website: everystep.org Provides a wide variety of services to Warren, Polk, & Dallas County citizens. Visit their website to learn more.

Employee & Family Resources (EFR) Phone: 515-243-4200 Address: 505 Grand Ave. Suite 600, DSM (6th floor of insurance building downtown.) EFR provides individuals with resources during challenging times at work, home, in the community, & at school.

United Way of Iowa Phone: 515-246-6500 Address: 1111 9th St. Suite 100, DSM United Way of Iowa strives to create a more united community. Aging Resources Address: 5835 Grand Ave., Des Moines Phone: 515-255-1310 Serves the 80+ population & their caregivers.

Senior Advice Phone: 1-800-334-9427 Senior Advice's team helps seniors transition into assisted living, providing resources & research assistance.

Health Services Mercy Clinics Family Medicine (Carlisle) Address: 2755 S. Gateway Dr., Carlisle Phone: 515-358-7300

Indianola Family Medicine - UnityPoint Clinic Address: 301 E Hillcrest Ave., Indianola Phone: 515-961-3700

The Iowa Clinic Indianola Address: 1504 N 1st St., Indianola **Phone:** 515-875-9520

Mercy Clinics Family Medicine (Indianola) Address: 307 E. Scenic Valley Ave., Indianola Phone: 515-961-8448

Indianola Free Clinic: Address: 1700 W. 2nd Ave., Indianola

(First Assembly of God) Hours: 2nd & 4th Thursday of every month, 6pm-8pm. Services are open to all citizens of Warren County.

Warren County Health Services Phone: 515-690-9190 Address: 301 N. Buxton St., Suite 203, Indianola (Administration Building) Available to provide health care resources.

Agape Pregnancy Resource Center (Indianola) Address: 1700 W. 2nd Ave., Indianola (First Assembly of God, East side door) Hours: Tuesdays 2pm-4pm *Walk-ins welcome.* Services provided: pregnancy services, parenting resources & education.

Norwalk Family Medicine - UnityPoint

Address: 801 Colonial Circle, Norwalk Phone: 515-285-3200

MercyOne Norwalk Family Medicine

Address: 9421 Market Place Dr., Norwalk Phone: 515-974-0800

Norwalk Free Medical Clinic

Address: 2601 Border St., Norwalk Phone: 515-954-7508 Hours: 1st & 3rd Thursdays of the month from 5:30pm-8:30pm

Free Clinics of Iowa

Phone: 515-954-7508 **Website:** fciowa.org *This website allows you to search for free clinics near you based on your location.*

National Association of Free & Charitable Clinics Phone: 1-703-647-7427 Website: nafcclinics.org/find-clinic Helps users find a Free and Charitable Clinic or Pharmacy near them.

DMACC Dental Services Phone: 515-964-6280

Website: internal.dmacc.edu/students/pages/dental.aspx Dental hygienist students on the Ankeny campus provide preventive dental services for DMACC students, faculty, & the community for a reduced fee. **Call to schedule an appointment.**

Planned Parenthood of the Heartland

Address: 1000 E. Army Post Rd., DSM Phone: 1-877-849-0782 Hours: Wednesday 8am-4pm & Thursday 9am-4pm

Quitline Iowa Phone: 1-800-QUIT-NOW (7848-669) Website: quitlineiowa.org Connects users to free tobacco cessation programs.

Health Insurance Plan of Iowa (HIPIOWA)

Phone: 1-877-793-6880 **Hours:** Monday - Friday 8am-5pm *Provides health insurance coverage to Iowa Residents who have been denied coverage.*

HAWK-I (Healthy & Well Kids in Iowa)

Phone: 800-257-8563 *Children's health care coverage, income based.*

Iowa Compass

Phone: 1-800-779-2001 **Hours:** Monday - Friday 8am-5pm *Connects people with disabilities & complex health related needs to services & support in their communities throughout Iowa.*

Senior Health Insurance Information Program (SHIIP)

Address: 1963 Bell Ave., Ste 100, DSM Phone: 1-800-351-4664 Provides information regarding senior health insurance.

Mental Health Services Counseling

Choices Therapy Services, LLC Address: 1011 N Jefferson Way, Ste 800, Indianola Phone: 515-279-0111

Serving both adults & youth. Mental health assessments & therapy, BHIS, children in the middle classes, & substance abuse service are offered. **All major insurance companies & Medicaid are accepted.**

Eyerly Ball Address: 1007 S Jefferson Way, Indianola Phone: 515-241-0982 Individual & family therapy available. Title 19 & most major insurances accepted.

Peace of Mind Counseling Services

Address: 117 Buxton Street, Indianola Phone: 515-962-5561 Individual and family therapy is available to treat adults and adolescents.

Magnolia Connection Address: 1300 Turnberry Dr., Unit 4, Norwalk

Phone: 515-994-8217

Magnolia Connection provides therapy, medication management & psychological & neuropsychological testing services.

Team Restoration

Phone: 515-238-9010

Hours: By appointment only.

Team restoration provides counseling & therapy services. Services are available by appointment only. Location is provided when an appointment is made.

Wildwood Hills Ranch

Address: 252 Union Lane, Saint Charles Phone: 641-396-2414 *Cowboy Up Horse Therapy (year-round Equine Assisted Learning* & Equine Assisted Psychotherapy).

Support Groups Alcoholics Anonymous Meetings Carlisle Address: Carlisle United Methodist Church - 405 School St., Classroom #1, Carlisle Thursdays at 7pm

Indianola

Address: First United Methodist Church - 307 W Ashland Ave., Indianola Phone: 515-961-5239 Sunday at 7pm, Monday at 7pm (women's group), Tuesday at 7pm, Thursday at noon, Friday at 7pm, & Saturday at 9am.

Norwalk

Address: Norwalk Christian Church – 701 Main St., Norwalk *Thursdays at 6:30pm*

Find an AA Meeting Near You:

Website: aa-meetings.com **Phone:** 1-866-920-0628 *Find a meeting near you by calling the number or visiting this website.*

Alanon Meetings

Address: First United Methodist Church - 307 W. Ashland Ave., Indianola *Mondays at 7pm*.

NA Meetings Address: First United Methodist Church - 307 W. Ashland Ave., Indianola Saturday at 11am. Phoenix Center – Indianola Address: 210 W. Ashland Ave., Indianola Phone: 515-337-8783 Hours: Monday 2pm-6pm, Tuesday 12pm-5pm, & Thursday – Saturday 12pm-5pm. The Phoenix center is a peer run center for substance abuse. There is a free washer & dryer for laundry use, an available kitchen, as

well as a seating area and designated peer for support.

Residential & Intensive Outpatient Services

House of Mercy Phone: 515-358-7610 Address: 310 N Buxton St., Indianola House of Mercy provides a wide range of services including: residential treatment, counseling, & education programs.

Ruth Harbor

Phone: 515-279-4661

Address: 534 42nd St., Des Moines

Ruth Harbor provides young women who are alone & facing unplanned pregnancy with a safe place to go.

Orchard Place Residential

Phone: 515-285-6781

Orchard Place provides a variety of services. Residential treatment is available for children ages 10-18 who have severe mental illnesses/issues.

Powell Chemical Dependency Center Phone: 515-263-2424 **Office Hours:** Monday-Friday 8am-4:30p, *The Powell CDC provides inpatient & intensive outpatient*

substance abuse treatment.

UnityPoint Intensive Outpatient & Partial Hospitalization Programs for Adults Phone: 515-263-5676 Office Hours: Monday-Friday 8am-4:30pm Intensive Outpatient (IOP) is offered for patients 18 years or older. Partial Hospitalization is a service that meets weekdays. Evaluation is required prior to admission to these treatment options.

UnityPoint Child/Adolescent Partial Hospitalization Phone: 515-253-5322 Office Hours: Monday-Friday 8am-4:30pm Partial hospitalization is available for children and adolescents. An evaluation is required prior to admission into this program.

Shelters (Des Moines Area)

Heal House – Indianola

Address: 906 S. Jefferson Way, Indianola Phone: 515-962-5940 HEAL House of Iowa endeavors to provide a hand-UP to children, teens, families, and individuals in distress by providing safe shelter and support.

Central Iowa Shelter & Services Address: 1420 Mulberry St., DSM **Phone:** 515-284-5719 or 515-883-1692

Children & Families of Iowa Address: 1111 University Ave., DSM Phone: 515-288-1981

Iowa Homeless Youth Centers (IHYC) Address: 612 Locust St., DSM Phone: 515-883-2379 Services for homeless children, youth & young mothers. **Families Forward Address:** 3001 Grand Ave., DSM **Phone:** 515-244-9748 *Homeless shelter for mothers & their children.*

Primary Healthcare Outreach

Phone: 515-248-1840

General centralized intake agency, that will help you find a shelter near you.

Housing, Utilities, & Transportation

Housing Warren County Housing Authority Address: 1305 E. 1st Ave., #1, Indianola Phone: 515-961-1073 Helps community members find adequate & affordable housing using the Section 8 – Housing Choice Vouchers program.

IMPACT Community Action Partnership Address: 109 E. Clinton Ave., Indianola Phone: 515-518-4770 Hours: Wednesday & Thursday 8am-4:30pm, closes for lunch at 12pm & reopens at 12:30pm. IMACT offers utility, food, & housing assistance to help low-income individuals & families become successful.

U.S. Department of Housing & Urban Development Phone: 888-955-2232 Website: hud.gov/states/iowa/renting *Rental assistance resources.*

Central Iowa Housing Authority (CIRHA, Section 8) Address: 1201 SE Gateway Dr., Grimes Phone: 515-986-1882 Hours: Monday - Friday 8am-12pm & 1pm-4:30pm *Rental assistance & other housing need resources.*

Transportation HIRTA Public Transportation Address: 2824 104th St., Urbandale Phone: 1-877-686-0029 Website: ridehirta.com Hours: Monday - Friday 7am-5pm

Ride Up Land

Address: 805 W. Clinton Ave., Indianola Phone: 515-808-2588 Website: rideupland.com Hours: Monday – Friday 7:30am-5:30am, Limited Saturday Service.

Non-emergency medical transportation services. Rides through Medicaid, Medicare, & Private Pay are available. Visit their website for more information on how to book a ride.

Compassionate Care Transportation Phone: 515-644-0005 Website: compassionatecareride.com Hours: Monday – Friday 5am-6pm, Weekend & evening hours may be available upon request. Transportation services provided for non-emergency medical appointments & other travel needs. Visit their website to learn more about the services provided. Call to make an appointment.

Food & Clothing Resources

Carlisle School Pantry Address: 430 School Street, Carlisle Hours: 1st & 3rd Thursday of each month from 4pm-6pm.

CCA Food Pantry Address: 1100 Market St., Carlisle **Hours:** 2nd & 4th Tuesday of every month 4pm-5:30pm *Available to community members within the Carlisle Community School District*

Backpack Program (Indianola)

Phone: 515-961-5755 (to get signed up) Every Friday, children are sent home with a backpack with 6 entrees & 2 snacks for the weekend. This service is for elementary & middle school students.

Indianola Schools Food Service Dept.

Address: 1206 E Ashland Ave., Indianola Phone: 515-961-9510 To apply for free & reduced meals: indianola.k12.ia.us/departments/foodservice

Laura Ingalls Wilder School Pantry

Address: 2303 W Euclid Ave., Indianola Hours: 2nd Tuesday of each month 4pm-5:30pm or by appointment. Contact: 515-961-9540 (school) or 515-238-4087 (Principal Naughton)

Grace Evangelical Free (GEF) Food Bank

Address: 108 N Jefferson Way, Indianola Phone: 515-318-3946 (emergency food baskets) Hours: 2nd Monday of each month 5:30pm-6:45pm, & 2nd Tuesday of each month 9:15am-12pm Photo ID of you & all adult household members as well as current piece of mail required.

Warren County Helping Hand – Clothing & Food Pantry

Address: 515-691-3864

Phone: 515-961-3864

Hours: Tuesday 12:30am-2:30pm, Wednesday 5:30pm-7:30pm, Thursday 9am-11am, & Saturday 9am-11am *ID*/some form of identification or something with current address & your name required.

Necessity Pantry for Warren County Address: 200 E 1st Ave., Indianola **Hours:** Monday & Wednesday 2:30pm-4:30pm

Warren County Nutrition

Address: 115 N. Howard St., Suite 103, Indianola Phone: 515-961-1003

Congregate Meal Sites are available Monday – Friday from 9am to 1pm at the following locations: *Carlisle:* 35 Vine St., Carlisle

Indianola: 301 North Buxton Suite 105., Indianola The communities of Warren County offer Congregate Meal Sites as an option for persons 60 years & up. Suggested contribution of \$4 for people over 60 years.

Meals on Wheels

Phone: 515-690-9337 *Home delivered meals for individuals* 60+.

The Gathering Table

Address: 210 S Wesley St., Indianola (St. Thomas Aquinas Catholic Church) Phone: 515-961-3026 Hours: 1st & 3rd Monday every month from 5pm-6pm or until food runs out. *Free community meal provided*.

Table of Plenty Community Dinner

Address: 109 W Boston Ave., Indianola (Lighthouse Community Center) Phone: 515-333-2458 Hours: 3rd Thursday of every month at 5:30pm. *Free community meal provided.*

International Christian Church Food Pantry

Address: 16474 140th Ave., Indianola Phone: 51-778-150 Hours: Thursday's 2pm-4pm

Martensdale -St. Mary's Food Pantry

Address: 390 Burlington Ave., Martensdale Phone: 641-764-2486 ext. 513 Hours: Monday - Friday 7:30am-3:30pm or by Appointment & 2nd & 4th Tuesday of each month 10am-6pm.

Martensdale - St. Mary's Clothing Closet

Address: 390 Burlington Ave., Martensdale Phone: 641-764-2486 ext. 513 Hours: Monday - Friday 8am-3:30pm

Blue Devil Backpack Program

Address: 390 Burlington Ave., Martensdale Phone: 641-764-2486 ext. 513 Provides non-perishable items for families over weekends and/or long breaks.

Milo Mobile Food Pantry Program

Address: 113 Main St., Milo (Milo Community Center) Hours: 2nd Thursday of every other month (February, April, June, August, October, December 2024) from 4pm-6pm

Jesus' Right Hand Address: 415 West St., New Virginia Phone: 641-449-3377 Emergency Number: 515-449-3663 Hours: Fresh food every Monday 1pm-3pm

Provides fresh food as well as a clothing closet and "hope during holidays."

Lunch In the Park Address: 907 N Ave., Norwalk (Next to the library) Hours: Every Friday (June-August) 11am-1pm

New Life Lutheran Address: 4380 Wakonda Dr., Norwalk Phone: 515-285-5965 Hours: Wednesday's 3:30pm-6:30pm Drive Thru Delivery: Wednesday's 3:30pm-6:30 and Thursday's 9:30am-11:30am Proof of residence in Warren County is required.

Southeast Warren Backpack Program

E-Mail: dianne.chambers@se-warren.k12.ia.us Every Friday, students receive a bag filled with food to take home over the weekend. Available to Pre-4-6th grade. Parents sign up at the start of the school year. New students to the district may sign up during the year if they start at the district during the mid-year.

Southeast Warren Food Pantry

Address: 16331 Tyler St., Liberty Center Hours: 4th Wednesday every month (except November & December), 4:30pm-6:30pm. November & December: open the Wednesday prior to Thanksgiving/Christmas 4:30pm-6:3-pm. For Food Emergencies, E-Mail: dianne.chambers@sewarren.k12.ia

WIC (Women Infant & Children)

Address: 2300 Euclid Ave. Ste. D, Des Moines Phone: 515-282-8520 Hours: Monday-Thursday 7:30am-6pm & 8am-4:30pm.

Education

School District Contact Information Carlisle Community School District Address: 430 School St., Carlisle

Phone: 515-989-3589

Schools:

- Carlisle High School (Grades 9-12)
- Carlisle Middle School (Grades 6-8)
- Hartford Upper Elementary (Grades 4-5)
- Carlisle Elementary School (Grades Pre-K-3)

Indianola Community School District Address: 1301 E. 2nd Ave., Indianola Phone: 515-961-9500 Schools:

- Indianola High School (Grades 9-12)
- Indianola Middle School (Grades 6-8)
- Whittier Elementary School (Grades Pre-K-5)
- Irving Elementary School (Kindergarten-5)
- Emerson Elementary School (Kindergarten-5)
- Laura Ingalls Wilder Elementary School (Kindergarten-5)

Martensdale St. Mary's School District

Address: 390 Burlington Ave., Martensdale Phone: 641-764-2466

Schools:

- Martensdale St. Mary's Jr/Sr High School (Grades 7-12)
- Martensdale Elementary School (PreK 6)

Norwalk Christian Academy

Address: 225 North Ave., Norwalk Phone: 515-313-7837

Norwalk Community School District

Address: 380 Wright Rd., Norwalk Phone: 515-981-0676 Schools:

- Norwalk High School (Grades 9-12)
- Norwalk Middle School (Grades 6-8)
- Lakewood Elementary (Grades 4-5)
- Orchard Hills Elementary (Grades 2-3)
- Oviatt Elementary (PreK-1st Grade)

Southeast Warren Community School District Address: 16331 Tyler St., Liberty Center Phone: 641-466-3510 Schools:

- Junior/Senior High School (Grades 7-12)
- Intermediate School (Grades 4-6)
- Primary School (PrekK-4th Grade)

Interstate 35 Community School District Address: 405 E. North St., Truro Phone: 641-765-4291 Schools:

- I-35 Secondary (Grades 5-12)
- I-35 Elementary (PreK-4th)

Other Educational Resources GED (HiSET) Classes – DMACC

Phone: 515-697-7815 or 641-782-1497 Des Moines Area Community College offers GED (HiSET) classes at multiple locations. Call for more information.

Heartland Area Education Agency

Address: 115 W Salem Ave., Indianola Phone: 515-961-8191 Learning resources & services for children and youth.

Pre-School, Day Care, & Respite Services

Wildcat ABC After & Before Care Address: 405 School St., Carlisle Phone: 515-989-3972 School age childcare program located in Carlisle United Methodist Church.

School Street Scholars Daycare: Address: 80 School St., Carlisle Phone: 515-989-4515

Sprouts Early Learning Academy Address: 125 School St., Carlisle **Phone:** 515-989-7913

Drake University Head Start Address: 1306 W Salem St., Indianola Phone: 515-271-1854 To Apply: drakeheadstart.org/enrollment Early Head Start/Head Start programs are available at several locations.

Indianola Preschool Inc. Address: 205 S Howard St. Suite B., Indianola Phone: 515-961-3798 To Enroll: indianolapreschool.com/registration.html Several Preschool classes available.

Indianola Schools Childcare

Address: Several locations. Phone: 515-961-9565 #5 Information & Enrollment: indianola.k12.ia.us/departments/indianola-child-care/ *Childcare is available for Indianola students at several locations.*

4R Kids Preschool Enrichment/Coordinated Intake Project Address: 909 E. 2nd Ave., Ste E., Indianola **Phone:** 515-961-6237 *Preschool services and several clubs/programs available.*

Pre-School Tuition Assistance Phone (Cell): 515-993-4281 Hours: Monday - Friday 8am-5pm The 4 R Kids Early Childhood Iowa Area Board has preschool tuition scholarships available for eligible children in Adair, Dallas, Madison, & Warren counties.

Martensdale St. Mary Childcare Address: 390 Burlington Ave., Martensdale Phone: 641-764-2621

Provides before & after school daycare as well as daycare during summer and school breaks.

Elzora Town Daycare Center

Address: 316 N 5th St., Milo Phone: 641-942-6138 Birth to 6th grade daycare/before & after school program and preschool program for 3-year-olds.

Southeast Warren Primary School Address: 316 N 5th St., Milo Phone: 641-942-6216 4-year-old preschool.

Yellow Brick Road Early Child Development Center Address: 2011 Sunset Dr., Norwalk Phone: 515-981-0089 Services are available for children aged 6 weeks up to 12 years old.

Serendipity Preschool

Address: 1801 Sunset Dr., Norwalk Phone: 515-981-0901 Several preschool classes are available.

Children & Families of Iowa - Child Development Center Address: 801 Forest Ave., Des Moines

Phone: 515-282-2193 *The Child Development Center provides childcare, early childhood education, & therapeutic childcare.*

Childcare Resource & Referral Address: 808 5th Ave., Des Moines

Phone: 515-246-3590 Provides resources, education, & advocacy to support childcare.

Childcare Tools & Resources

Website: hhs.iowa.gov/programs/programs-and-services/child-care/child-care-tools-and-resources

Childcare Assistance

Address: 2309 Euclid Ave., Des Moines Phone: 866-448-4605 To Apply: hhs.iowa.gov/programs/programs-andservices/child-care/CCA *Childcare assistance is available, use the link above to apply.*

ChildServe Address: 5406 Merle Hay Rd., Johnston Phone: 515-727-8750 ChildServe supports children with special needs on a short & long term basis, offering several programs.

Community Centers & Programs

Carlisle Parks & Recreation Phone: 515-989-3224 Website: carlisleiowa.org/parks-recreation Hours: Monday – Friday 8am-5pm Programs & activities are available year-round for individuals of all ages. Explore the Parks & Recreation website for more

information. Carlisle Family Aquatic Center Address: 123 S. 5th St., Carlisle Phone: 515-989-2098 Swim Lesson Registration: carlisleiowa.org/parksrecreation/pages/swimming-lessons Hours: Hours vary. The Aquatic Center is open during the summer months & offers swim lessons. Register online.

City of Cumming Parks & Recreation Website:

cumming.iowa.gov/park--recreation.html Parks & recreation board members plan numerous events for both children & adults throughout the year. Visit the website to see what is currently being offered.

Wesley Woods Camp & Retreat Center

Phone: 515-961-4523 or 866-684-7753 **Address:** 10896 Nixon St., Indianola *Offers up to 125 different kinds of summer camps.*

Indianola Parks & Recreation

Address: 2204 W. 2nd Ave., Indianola Phone: 515-961-9420 Website: indianolaiowa.gov/225/parks-recreation Hours: Monday - Friday 8am-5pm Indianola Parks & Rec hosts numerous programs for both children

& adults. Visit the website to view available programs & to register.

Indianola Activity Center

Address: 2204 W. 2nd Ave., Indianola Phone: 515-961-9420

Website:

indianolaiowa.gov/facilities/facility/details/activity-center-1

Hours: Monday - Friday 8am-4pm

The Indianola Activity Center is home to the Indianola Parks & Recreation office. Visit the website for information on upcoming activities.

Martensdale Community Center/Senior Citizen Center

Address: 380 Iowa Ave., Martensdale Phone: 641-764-2622 Website: cityofmartensdale.com

The Senior Citizen Center provides services & information for seniors in the community. More information is available on the city's website. Norwalk Parks & Recreation Office Address: 1104 Sunset Dr., Norwalk Office Phone: 515-981-9206 Call for Financial Assistance with Program Registration: 515-981-9206

Hours: Monday - Friday 8am-4:30pm

Norwalk Parks & Rec has numerous clubs, programs, & camps available year-round. Visit their website to explore what they have to offer. Financial assistance for program registration fees is available.

Norwalk Aquatic Center

Address: 1112 E. 18th St., Norwalk
Phone: 515-981-4002
Website:norwalk.iowa.gov/departments/parks____recrea tion/norwalk_aquatic_center.php
Hours: Opens May 25, 2024, Hours vary.

Hours: Opens Way 23, 2024, Hours val

Norwalk Outdoor Ice Rink

Address: 907 N. Ave., Norwalk Website:

norwalk.iowa.gov/departments/parks___recreation/ norwalk_outdoor_ice_rink.php

Hours: Hours vary.

The Norwalk outdoor ice rink is available during the winter months (as weather conditions allow), for free skating & hockey. More information is available on the website.

Big Brothers, Big Sisters of Central Iowa Phone: 515-288-9025

Address: 9051 Swanson Blvd, Clive

Big Brothers, Big Sisters is a child mentoring program that serves kids ages 5-14.

Wildwood Hills Ranch Address: 252 Union Lane, Saint Charles Phone: 641-396-2414 Summer camps, year-round leadership retreats, team building.

<u>Parenting</u> <u>Children in the Middle Classes</u>

Choices Therapy Services

Address: 1011 Jefferson Way, Ste 800, Indianola Phones: 515-279-0111

Provide Children in the middle & Mediation Education classes for parents.

Short Years Partnership

Phone: 515-962-1020 Address: 515 N Jefferson Way Suite F, Indianola (Inside Wells Fargo Bank) Short Years provides family support & offers parenting classes such as "parents as teachers."

Prevent Child Abuse Iowa Phone: 515-244-2200

Address: 501 SW 7th St. Suite G1, DSM

Prevent Child Abuse Iowa works to spread awareness regarding child abuse in Iowa. They also provide a variety of resources for parents.

Employment/Unemployment Services Christian Opportunity Center Address: 1602 N. 14th St., Indianola Phone: 515-961-3653 E-Mail (General Inquiries): info@christianopportunity.org E-Mail (Admission Inquiries): cedsall@christianopportunity.org Hours: Monday - Friday 8am-4pm Provides several services for individuals with intellectual disabilities, chronic mental health concerns, brain injury, or developmental disabilities.

WeLIFT Job Search Center

Address: 106 E 2nd St., Indianola Phone: 515-962-5017 Hours: Tuesday's & Thursday's 11am-3pm WeLIFT provides education, resources, & tools to help individuals in their job search.

Central Iowa Works Address: 1111 9th St. #260, Des Moines Phone: 515-243-2130 Hours: Monday-Friday 8am-5pm Central Iowa Works connects individuals looking for a job to potential employers.

Iowa Works Address: 200 Army Post Rd., #44, Des Moines Phone: 515-281-9619 Hours: Monday, Tuesday, Thursday & Friday 8am-4:3pm, Wednesday 9am-4:30pm Iowa Works helps individuals find jobs using their website. Virtual one-on-one meetings with career planners are also available.

Children & Families of Iowa - Career Planning & Work Readiness

Address: 1200 University Ave., Ste., DSM (Connect 2 Careers) Hours: Monday - Friday 8am-5pm

Childrens & Families of Iowa offers "Connect-2-Careers" & "Youth Work Readiness" programs for individuals ages 14-21.

Mid-Iowa Small Business Development Center

Address: 6500 University Ave., Ste 100, Windsor Heights Website: iowasbdc.org

Hours: By appointment only.

Iowa SBDC offers personalized, confidential, & no cost business counseling to small business owners/entrepreneurs in Iowa. Visit their website to request an appointment.

Legal Assistance

Drake Legal Clinic

Address: 2400 University Ave., Des Moines Phone: 515-271-3851 Hours: Monday 8am-12pm & 1pm-4:30pm, Thursday -Friday 8am-4:30pm

Iowa Legal Aid Address: 666 Walnut St., Floor 25, DSM **Phone:** 1-800-532-1503 or 515-243-2151 **Hours:** Monday - Friday 8:30am-4:30pm

Iowa State Bar Association

Address: 625 E Court Ave., Des Moines Phone: 515-243-3179 Website: iowabar.org OR iowafindalawyer.org Hours: Monday - Friday 8am-4:30pm

Iowa Mediation Services: Address: 1441 29th St., Ste 120, WDM Phone: 641-331-8081 Dispute resolution & conflict prevention services through mediation, facilitation, arbitration, training & consulting.

Government

<u>City</u> Carlisle Carlisle City Hall Address: 195 N 1st St., Carlisle Phone: 515-989-3224 Hours: Monday - Friday 8am-5pm Carlisle Fire Department Address: 135 N 2nd St., Carlisle Dispatch Non-Emergency #: 515-989-0875 Office Phone: 515-989-3111

Carlisle Police Department Address: 195 N First St., Carlisle Phone (24/7): 515-989-4121

Hartford Hartford City Hall Address: 150 W Elm St., Hartford Phone: 515-989-0267

Hartford Fire Chief Address: 150 W Elm St., Hartford Phone: 515-989-0267

Indianola **Indianola Chamber of Commerce Address:** 104 N Howard St., Indianola **Phone:** 515-961-6269 **Hours:** Tuesday-Friday 10am-3pm

Indianola City Hall Address: 110 N 1st St., Indianola Phone: 515-961-9410 Hours: Monday-Friday 8am-5pm

Indianola Fire Department Address: 110 N 1st St., Indianola (Located in city hall) **Phone:** 515-961-9405

Indianola Police Department Address: 110 N 1st St., Indianola (Located in city hall) Phone: 515-961-9400 Lacona Lacona Community Hall Address: 104 S Washington Ave., Lacona Phone: 641-534-3401

Martensdale Martensdale City Hall Address: 380 Iowa Ave., Martensdale Phone: 641-764-2622

Martensdale Fire Department

Address: 480 Iowa Ave., Martensdale Phone: 641-764-2944

Milo Milo City Hall Address: 100 Main St., Milo Phone: 641-942-6241

Milo Fire & EMS Phone: 641-942-6241

Milo Public Library Address: 123 Main St., Milo Phone: 641-942-6557

New Virginia New Virginia Municipal Building Address: 506 West St., New Virginia Mayor: Phone: 641-449-3672 City Clerk: Phone: 641-449-34925 *Norwalk* Norwalk City Hall Address: 705 North Ave., Norwalk Phone: 515-981-0228

Norwalk Fire Department

Address: 110 Chatham Ave., Norwalk Non-Emergency #: 515-222-3321

Norwalk Police Department Address: 705 North Ave., Norwalk Administration #: 515-981-0228 Non-Emergency #: 515-222-3321

<u>County</u>

Warren County Administration Building Address: 301 N Buxton, Indianola Offices:

- Assessor 515-690-9170
- Auditor 515-690-9260
- Health Services 515-690-9190
- **Recorder -** 515-690-9110
- Treasurer 515-690-9120
- Veterans Affairs 515-690-9333
- Road Maintenance 515-690-9290
- **Board of Supervisors -** 515-960-9106

Warren County Justice Center (Courthouse) Address:

Offices:

- Warren County Attorney 515-690-9120
- Clerk of Courts 515-690-9260
- Warren County Sheriff 515-690-9210

Warren County Conservation Address: 15565 118th Ave., Indianola Phone: 515-690-925