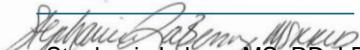


December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Lemon Baked Fish	Grilled Chicken Sandwich	Beef Pot Pie	Pork Loin	Swiss Steak w/ Gravy
Hashbrown Casserole	Crispy Hashbrowns	Vegetables	Candied Sweet Potatoes	Mashed Potatoes
Brussels Sprouts	Diced Beets	Rosy Applesauce	Peas	Scandinavian Vegetables
Pineapple & Oranges	Orange		Banana	Cinnamon Peaches
9	10	11	12	13
	BBQ Chicken	Citrus Glazed Fish	Chicken & Pasta Alfredo	Meatloaf
COOK'S CHOICE	Ranch Potatoes	Baked Potato/Topping	Mixed Vegetables	German Potato Salad
	Mixed Vegetables	Carrots	Pineapple	Green Beans
	Peaches	Apricots	Chewy Cherry Almond Bar	Pears
16	17	18	19	20
Breaded Fish Fillet	Beef Pot Roast		Vegetable Beef & Barley Soup	Steak with Mushroom Gravy
Broccoli Rice Casserole	Potatoes, Carrots, & Onions	Christmas	1/2 Deli Sandwich	Mashed Potatoes
Coleslaw	Banana Bar	Dinner	Pumpkin Bar	Green Beans
Apple	Fruit		Cinnamon Pears	Strawberries
23	24	25	26	27
Chef Salad w/ Turkey	CLOSED	Christmas	COOK'S CHOICE	Baked Fish
Cornbread				Fried Potatoes & Onions
Orange				Cabbage Au Gratin
Chocolate Pudding				Fruit Cocktail
30	31			
Lasagna	Herb Chicken			
Vegetable	Mini Baker Potatoes			
Peaches	Beets			
Brookie	Diced Pears			

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


Stephanie Labenz MS, RD, LD